

# Everett Fire Department

Has a message to keep your children safe  
from a growing killer of young people

## Prescription Drug Abuse



Follow these tips to safeguard your children:

**1. CHECK**

What medications are in your home? Keep careful track of the quantities and expiration dates

**2. LOCK**

Medications that are currently in use should be under lock and key

**3. DISPOSE**

Dispose properly of all medications that are expired or no longer used. For information about safe disposal:

[www.samafoundation.org](http://www.samafoundation.org)

**FACT:** More than 1/2 of young people who misuse prescription drugs get them from a friend or family member – you!

The misuse of medicines such as painkillers, sedatives and stimulants results in serious health risks including the disease of addiction and death.

For more information about prescription drug abuse: [www.samafoundation.org](http://www.samafoundation.org)